

Course: Managing Work and Family Life						
module/course code IAB69032		Student workload X hours	Credits (ECTS)	Semester	Frequency	Duration X semester(s)
		510 Minutes / Week	4.53 ECTS	6	Even Semester	1x / Semester
		Types of	Contact hours :		Independent study	Class size X students
		Tutorial/Lecture/Response	150 Minutes / Week		360 Minutes / Week	30 students
1	Prerequisites for participation (if applicable)					-
2	Learning outcomes					
1. Making business benchmarks in accordance with the knowledge gained from work-life balance courses						
2. Have the spirit of prioritizing the common interest not on behalf of the individual in the group;						
3. Able to balance work and personal life						
3	Description:					
Work-Life Balance courses are elective courses that continue to be held every semester. The importance of this course is the balance between work and family or life. This is very important for students in order to gain knowledge about strategies for success in work supported by personal life . This course contains balance in work and personal life in the 21st century. The material and knowledge of students after graduating from this Work-Life Balance course is to know and understand the important aspects of balance between work and personal life and their acceptance in the Indonesian labor market.						
4	Subject aims/Content					
1. Houston, Diane M. 2005. Work-Life Balance in the 21st Century. New York: Palgrave Macmillan.						
5	Teaching methods					
2. Lectures						
3. Discussions						
4. Group Works						
6	Assessment methods					
1. Task						
2. Mid-Term Exam						
3. Final-Term Exam						
4. Quiz						
7	Other information e.g. bibliographical references					
1. Kaiser, Stephan, Ringlsetter, Max Josef, Eikhof, Doris Ruth, dan Cunha, Miguel Pina. 2011. Creating Balance?: International Perspectives on the Work-Life Integration of Professionals. New York: Springer.						

	<ol style="list-style-type: none">2. Lingard, Helen dan Francis, Valerie. 2009. Managing Work–Life Balance in Construction. USA: Spon Press.3. Weinstein, Sharon M. 2015. B is For Balance: 12 Steps Toward a More Balanced Life at Home and at Work. USA: Sigma Theta Tau International.4. Pheng, Low Sui dan Chua, Benjamin K. Q. 2019. Work–Life Balance in Construction. Singapore: Springer
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